



Operation Guide

Pairing with phone

Open the charging box, search pairing name FiiTii S on your phone, click to connect.



Note: Please turn off the Bluetooth of the charging box before connecting to prevent the earphones from connecting back to the charging box.

Pairing with charging case

Open the charging box, search pairing name FiiTii S, click to connect.



Note: Please turn off your phone's Bluetooth before connecting to avoid the headset connecting back to your phone.

Touch control



●● Double-tap

●● Double-tap

3sec  Hold

●●●●● Tap 5 times

Answer/End call

Play/Pause music

Mild Noise cancelling

Transparency mode

Strong noise cancelling

On/Off Low latency mode

● Tap
●●● Triple-tap

Volume down

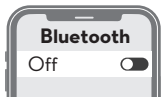
Previous track



● Tap
●●● Triple-tap

Volume up

Next track



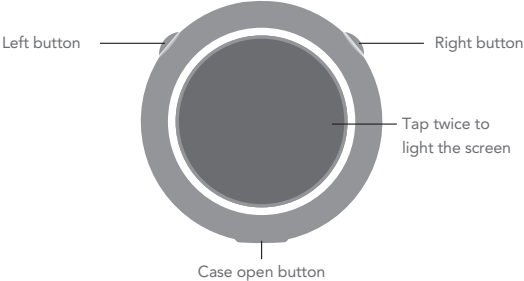
Press the left and right
button together for 2S

On/Off Sleeping mode

PS: The FiiTii S will automatically shut off if not connected to a device for 10 minutes.

Button control

Press the left and right button together for 3 seconds to power off.



Left button

- | | |
|---------------|----------------|
| ● Tap | Play/Pause |
| ●● Double-tap | Previous track |
| ▬ 3 sec | Power on |


Right button


- | | |
|---------------|---------------|
| ● Tap | On/Off screen |
| ●● Double-tap | Next track |


Audio Storage

Connect the charging case to a computer using a data cable. Copy the audio files from the computer to the corresponding folder in the charging case.


- ① Please copy music files into the "**music**" folder.
- ② Please copy sleep meditation audio files into the "**sleepEN**" folder.
- ③ Please copy meditation audio files into the "**museEN**" folder.

 breathCH


 museEN

 sleepCH

③


 breathEN

 music


 sleepEN

①

②

 museCH

 noise

 woodfish

Note:

1. Do not use the charging case while copying audio files to avoid interruption during the transfer.
2. Do not delete folders or rename files. If modifying or deleting files causes certain functions to stop working, please contact customer support at marketing@fiitii.com.
3. Supports mp3, wma, wav, flac, amr audio formats.

Screen Operation



Shortcut

On the standby screen, swipe down to quickly access the settings menu.



Volume

Press and hold the screen for 2S to enter the volume adjustment page. Swipe up or down to adjust the volume.



Return

Swipe right on the screen to go back.



Screen Unlock

Double-tap the screen to wake it up from sleep mode, then swipe up to unlock the screen.

Note: The screen will automatically turn off after 30S of inactivity. The charging case will automatically power off after one hour to save battery. After powering off, the earphones can still connect to your phone and charge normally.

Operation



 Sleep

 Meditation

 Breathe

 Woodfish

 Music

 Favorites

 Tomato clock

 Setting



 Sleep

Click to enter "Sleep" to access built-in white noise and sleep meditation audio.



White noise

Set the desired end time before use. Tap "Begin" to enjoy the white noise audio.

 Interval: Set the interval chimes





 White Noise: Multiple white noise options



Sleeping meditation

Tap to enter "Sleeping Meditation" and select your course to play.



 Previous track  Next track  Play  Pause

 Shuffle play  Sequential play  Single track play

 Not favorited

 Favorited

 Timer

Operation



Meditation

Tap to enter "Meditation" to access the built-in meditation audio courses.



Breathe

Tap to enter "Breathe", then tap "Begin" to use the built-in breathing courses.



Breathing mode



Timer



Woodfish

Click to enter "Woodfish", click "Begin" to use.



Setting: Interval, Fixed time, Timbre function



Music

Click to enter "Music", then press Play to start.

Note: If you download music audio files, please store them in the 'music' folder.

Operation



Favorites

Click to enter "**Favorites**", then you can play the audio that has been added to your favorites.



Tomato clock

Click to enter "**Tomato Clock**", then click "**Begin**" to start using the Pomodoro timer.

-  Settings menu
-  Sound
-  Mute
-  Restore settings








Setting

Click to enter "**Setting**", where you can configure the headphone and case functions.



Earphone

Click to enter "**Earphone**" Settings to customize the headphone functions.

-  L earphone
-  R earphone
-  Sound effects
-  Mode
-  Restore settings

Operation



Time ⌚

Click Setting, then enter "Time" Settings to set the charging case's time and date.

Automatic Time Calibration:

1. First, pair the case with the earphones.
2. Turn off the case's Bluetooth.
3. Pair the earphones with your phone. Once connected successfully, the case will synchronize with the phone's time.



Guide 📖

Click "Guide", then scan the QR code with your phone to view the electronic manual.



Reset ↺

Click "Reset" to enter, then click "Yes" to restore the case to factory settings. Your audio files will not be restored to the factory settings.

Note: If the earphones fail to pair with the phone or case, or if other issues occur, you can restore the settings (ensure the earbuds are placed in the case and the lid is closed during the reset).

Warning and recommendation

Please read this operation guide in details for product safety and correct usage.

- ① Please use the noise reduction function of headphones in a safe environment.
- ② Do not use the headset in an environment with Bluetooth signal interference to ensure a stable Bluetooth connection for the headset.
- ③ Try to avoid using headphones to listen to music, make or answer phone calls while driving as this can distract your attention and cause danger.
- ④ Please keep the headset out of the reach of children to avoid the danger of improper use by children.
- ⑤ Avoid placing the headphones in the washing machine or in containers with acidic or alkaline solutions that could damage the headphones.
- ⑥ Continuously turning up the volume should be avoided as much as possible. If tinnitus occurs, adjust the volume to the appropriate level.
- ⑦ If you feel significant discomfort, irritation or other adverse reactions when using the headset, stop using it immediately.
- ⑧ Avoid storing or using the headset in environments where the temperature is below -15°C or above 55°C, as this may shorten the life of the headset or the battery.
- ⑨ Please clean the charging contact and speaker outlet net dirty in time, which may cause the headset not charging or no sound.

FCC Compliance Statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

FCC ID: 2ASHS-S



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